Sheet No. ***Distributed to:*** ***Tel No:***

Sponsored Walk in Aid of VPSG

Sonia Haywood

The sponsored walk – target 10,000 steps - will take place on 27 July 2008 in the 140-acre Forty Hill Estate in Enfield.

My prison sentence is now a dim and distant memory but I am still happy to work in the VPSG office when required. I first got involved with the Hillgrove Cats campaign and anyone who knows me will know cats are my favorite animal. I am unable to match the impressive 20-miles Robin did last year, however, I hope you will still sponsor me because the cause is the same, making life as comfortable as possible for the selfless vegans in custody right now, who will not be sleeping on a comfy bed tonight with their animals and loved ones close by. The money raised will go to keep their vegan packs so they can have a monthly pack of treats the rest of us take for granted. *Sonia*

The Vegan Prisoners Support Group (VPSG) is a non-profit making organization with no paid staff, we run on a very tight budget. All money raised will go towards giving practical support for prisoners, helping to obtain vegan food for prisoners or anyone arrested whilst in custody.

Name	Address	Landline Tel No	£ per 1,000 steps	Or £ Donation

Please return this form to: VPSG, BM 2107, London WC1N 3XX. Cheques should be made payable to 'VPSG', please do not send any cash.

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